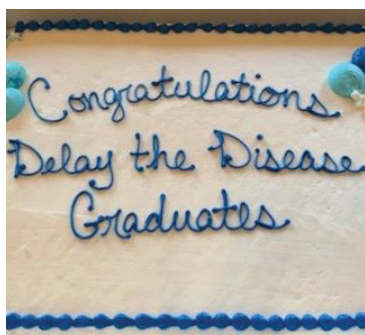




DELAY
THE DISEASE™
THE #1 PARKINSON'S
EXERCISE PROGRAM

NATIONAL PARKINSON'S WELLNESS PROGRAM PROVIDES HOPE

Delay the Disease™ is an evidenced-based wellness program that empowers people with Parkinson's Disease to live better, experience new levels of hope by optimizing function and restoring independence. Recent grads at Continuing Healthcare at Forest Hill enjoyed a cake and posed with their *Delay the Disease Graduate* t-shirts upon completing the program.



***For more information
please call (740) 695-7233***

Continuing Healthcare at Forest Hill

Skilled Nursing and Rehabilitation

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